

SECTION 6.0. FISH FACTS

THIS SECTION CONTAINS:

- Some notes on fish anatomy
- Habitat requirements of salmon and trout
- Fish facts on many Nova Scotia fish species

6.1. Understanding Fish

This first section contains information on the anatomy of fish. Although different species of fish vary, what is described here is a general description of a trout or salmon.

Eyes and Sight

As with the eyes of mammals, fish eyes serve a number of purposes: to find food, to watch for enemies and other dangers, and to navigate perhaps even during ocean migrations. The pupil bulges outward to take in a wider field of vision, and although the eyes are set on the side of the head, they have all-around vision, giving the fish stereoscopic vision in a forward direction. The lens of the fish eye can move in and out like a camera lens. Trout and salmon appear to have the ability to see well into air and have good vision in semi-darkness. They respond strongly to sudden changes in light intensity (which would usually indicate danger), especially if they are within a closed environment from which they are unable to escape.

A woman wrote the very first published fishing manual nearly 500 years ago. Dame Juliana Berners, prioress of the Benedictine convent near St. Albans, England hand wrote the treatise f Fishing with an Angle in 1496. The boll included advice on how to construct a two-section rod and where the best places were to fish

Gills

Fish gills are composed of two basic parts: the gill covers and the gill filaments. The gill covers protect very delicate threads or **filaments** that are located in cavities on either side of the head. A special pump called the **brachial pump** maintains a flow of water over the gills.

When the mouth closes, water passes through the gills and out through the gill covers which open. The gill filaments are richly supplied with blood vessels that pick up oxygen out of the water. Carbon dioxide is released as a waste product. More activity increases the need for oxygen and this results in a corresponding increase in the opening and closing of the mouth and gills.

Nostrils and Smell

Trout and salmon have a well-developed sense of smell. It is believed that they use this ability to seek out and recognize the chemical characteristics of their home streams for spawning. This sense is sometimes helpful in avoiding predators. Fish breathe through their gills and mouth, not their nose.

Lateral Line (line along the side of the body)

There is a row of special scales with small holes along each side of the fish's body called the **lateral line**. The system is connected to a series of nerve endings can detect changes in pressure, sound, and movement. The lateral line helps to warn the fish of the approach of predators and search for prey.

Mouth

The mouth is used to catch and hold food of various types; but food is not chewed before being swallowed. The mouth is also important for breathing or respiration. Water is constantly taken in through the mouth and forced out over the gill filaments through the gills. This fish receives its oxygen by moving water over its gills.

Fins

Most fish have two sets of paired fins: the pelvic and pectoral fins, and four single fins: dorsal, caudal, anal and adipose. Some fins are spiny (although not on salmon or trout). Spines can be used for protection or for sexual display.

- The dorsal and anal fins are used for maintaining vertical balance and achieving quick changes in direction.
- The pelvic and pectoral fins are used for horizontal or lateral balance and resting.
- The adipose fin is small and fleshy on trout, salmon and whitefish and we don't know its purpose. Fishery managers, to identify certain stocks of fish or indicate that a fish is tagged, often clip it off.
- The caudal or tail fin is the most important fin as it is used to propel the fish through water by the flexing of strong muscles along the sides of the body. The caudal fin is also used by the female salmonids and male smallmouth bass to move gravel and scoop out the nests (redds) in which eggs are deposited.

Scales

The body surface skin of the fish, except for the head and fins, is protected by overlapping scales that grow in regular patterns and by an outer coating of mucus, which protects the fish from disease. Growth of the scales is continuous and takes place around the perimeter of each scale. Growth is more rapid in summer than in winter, thus, growth rings (looking somewhat similar to those of trees) of summer are farther apart than those of winter, and indicate the age and life history of the fish. When fish are sick or stressed, the rings are closer together. Rings spaced more apart indicate healthy growth and environmental conditions.

Ears

Fish do not have external ears but they can detect sound with an inner ear and labyrinth that function as organs of balance as well as hearing. Low frequency sounds can also be detected in the water by the lateral line system.

6.2. Habitat Requirements

If you know what a fish needs in a stream in order to survive, it is a natural progression to determine where and what is in need of protection or rehabilitation. This section will concentrate primarily on the needs of trout and salmon (referred to as **salmonids** by biologists). These fish can be found in many different habitats in our part of the world. Because they often have to cope with severe and varying conditions they can be remarkably resilient in habitat use, in feeding, growth and reproduction. Despite the fact that these fish adapt to change well they can be highly sensitive, environmentally "fussy" fishes; particularly in the "egg" and "young" stages.

The habitat requirements for fish are the things they need to live. As we learned in the first section, this is a combination of water, food, space, and cover. In this next section we'll look at the important habitat requirements of fish. Even within one species different habitat combinations are required for nursery areas, feeding and spawning. Understanding habitat will help you to better determine the health of the stream, its potential for trout and salmon and other fish, and the locations most likely to benefit from rehabilitation and enhancement.

Trout and salmon require very special conditions for:

- Successful **spawning** (the production of eggs)
- The development and hatching of eggs
- Growth and survival for their young
- Feeding

In general, salmonids require streams that have:

- **Temperatures** that are fairly cool
- **Shade**; there should be trees and shrubs along the bank of the stream
- Water with lots of **oxygen**
- Clean **gravel** of different sizes on the stream bottom
- Sufficient **flow of water**
- No major **physical obstructions** which will stop them from moving up or downstream
- **Cover** or places to hide when it gets too hot and to hide from predators
- **Clear water** so they can see insects to feed on
- **The right combination of habitats** for different parts of their life cycle
- Lots of small insects and animals for **food**

Let's look at each one of these in turn.

Temperature

Salmonids need much cooler water than other fish such as perch, bass, gaspereau or suckers. For example, if water temperature rises much above 20 - 25.C, for very long, most salmonids, especially in early stages, will become seriously stressed or will die. On the other hand, many species of bass, suckers and perch for example, thrive in much higher temperatures. Young trout and salmon prefer a water temperature between 15 and 18.C. Brook trout will die if the water temperature rises above 22 C. (72 degrees F.) for more than several consecutive days; rainbow and brown trout will die if it's hotter than 24.C. (75 degrees F.). Fish can adapt to a gradual change in temperature, but sudden drastic changes can shock and kill them.

Also, fish are cold blooded which means that their body temperature varies according to the temperature of the surrounding water. The warmer it gets, the faster their metabolism gets so they need more oxygen. The problem is that warmer water holds less oxygen.

Temperature also affects the growth and reproduction of fish. Fish lay eggs only at certain temperatures. Most salmonids prefer cooler temperatures: salmon, brown trout, brook trout and lake trout spawn during the late autumn and early winter; rainbow trout prefer the warmer temperatures from mid-April to late June. Temperature is also a major factor in the timing of fish migrations.

The temperature of a stream is regulated by springs, shade, and the stream width to depth ratio. Most streams begin as springs bubbling out of the ground. The spring water comes from snow melt and rain water that percolated into the soils of the surrounding hillsides the previous week, day, month, or year. Sometimes because of human activity the amount of rainwater that goes deep down into the soil is reduced, not allowing the water table to be replenished. This can cause springs to dry up, so that water levels in rivers decrease and water temperatures increase. Many streams come from lakes and their water is warmer when it enters the stream. In these streams even more care must be taken to make sure that the water doesn't get too hot.

Shade

The amount of shade along a stream is very important. Too much shading in a stream reduces the growth of instream plants (algae). This will mean less food for insects, and in turn less food for fish. In some places it can also make spring-fed streams too cool for salmonids, which prefer 16-17 C. temperatures for growth.

Too little shading encourages heating of the stream and raised temperatures. The percent of shading needed varies from stream to stream and depends upon the amount of spring water available to cool the stream, the stream's width and depth, and human land use activity in the area. There is a balance in all these and the optimum appears to be about 60% shade during

the peak of the day. In general, most streams don't have enough shade. A narrow, deep river channel also maintains cooler water temperatures by having less surface exposed to the air. Where width greatly increases, the shallow water is then highly susceptible to heating by direct contact with the air. Even in well-shaded streams, the water temperature follows the air temperature very closely if pools are poorly developed and the channel is wide and shallow. Direct sunlight warms things up even more, as everyone knows; it's cooler in the shade.

Oxygen

Trout and salmon that live in streams require high levels of **dissolved oxygen** (the amount of oxygen contained in the water). Fish are extremely sensitive to any decrease in the available supply of oxygen and can suffocate very quickly if they are forced to endure a low level for even a short period of time. Young fish or breeding fish have even greater oxygen requirements. Eggs lying in the gravel take in oxygen through their shell. A lowered level of oxygen may result in a delay in the development of the embryo and the hatching. These low levels can be caused by increases in temperature, excessive nutrients and silt which all can deplete oxygen. Moving water adds oxygen to the stream. The faster the water moves, the more oxygen goes in.

Gravel and Stream Bottom

For successful egg-laying, salmonids require clean, stable gravel of 1-10 cm in diameter, depending on size of the adult fish. The gravel must be clean and loose, so that water can flow through the gravel to provide each egg with enough oxygen, and so that waste products emitted by the eggs (such as carbon dioxide and ammonia) will flow away from the egg. The gravel must contain different sized stones. Smaller gravel is used for egg laying, larger stones are needed for many of the insects which live in the water, and boulder sizes are needed to ensure spaces for fish to hide and over-winter.

The best bottom for a trout and salmon stream is a mixture of gravel, rubble, rock, and boulder with a liberal sprinkling of sunken logs and stumps. The rock/gravel bottom, especially in riffles and runs, offers the best habitat for insects that the fish eat. This mixture should have very little sand and silt in it. You should be able to pick up the surface stones without exposing sand or silt and see insects on them.

Stream flow

Nova Scotia is known for extreme changes in the amount of water that flows in streams. In the spring the water often flows high because of winter snow melt and spring rains. This is called the **spring freshet** or flood. In the hot weather of summer many streams experience droughts and have very little water flowing through them. This is extremely hard on salmon and trout. The best streams have flows without these extremes. It is especially important to have enough water flowing in the normal low flow period of late August and September to provide adequate nursery areas for young fish. It is also important during the winter, so that

embryos and alvins do not freeze. Human activity in the watershed can result in higher freshets, lower summer and winter flows, and excessive ice formation.

Barriers to swimming up and downstream

During migrations between the ocean and the spawning and rearing sites in lakes and rivers, an unobstructed path is necessary for adults. Fry and juveniles also move to different habitats, as they grow older, so they require access up and down the stream and into side-channels and tributaries. Obstructions such as logjams, hydro power dams, and poorly installed culverts are especially damaging to the migrations of salmonids unless provisions for passage are made.

Clean Water

Clean, clear water is very important to trout and salmon. The water must be clear enough to permit the sunlight to reach the stream bottom where important plants and algae grow. These plants and algae are important food sources for many of the insects upon which trout and salmon feed. Also, high concentrations of solids such as silt in the water can damage the fragile breathing systems of insects and fish.

While some fish, such as suckers, locate food chiefly by smell or feel, trout and salmon need to see their food. Therefore, they feed and grow better in clear water. Water quality is critical during the spawning, incubation, and hatching periods. Heavy sedimentation can smother eggs in gravel and easily destroy them.

Cover/Shelter

Stream salmonids require cover such as undercut banks, logs, spaces under large rocks and boulders, overhanging trees and plants, and deep pools. This cover is used for feeding, hiding, resting, and over wintering. Additionally, overhanging plants shade the river to help control stream temperatures.

Fish spend a lot of time hiding from various predators, whether these predators be the web-footed, clawed, four-footed, or the two legged kind. Their hiding locations are commonly called areas of shelter. Shelter is critical to a fish's survival in a stream and various sizes of trout or salmon require different ranges of shelter. Ideally, most fish like to be protected or sheltered on three sides. This often means on the top, one side and bottom (e.g. an undercut bank). They also require a shelter that is a snug fit and not too roomy. Therefore, a fish will select a shelter that is close-fitting to its body size.

A shelter should break the water flow so that a "dead-space" or slow current area is created near it. A popular misconception is that salmonids like to swim against heavy currents. On the contrary, they prefer to rest where they don't have to exert themselves too much. As unlikely as it may seem, there are many "dead-spaces" among swift currents. Even the most torturous rapids will have holding areas as long as there is a structure that acts as a buffer to

the current.

Fry not only prefer the shallow, slow margins of a stream, but also seek shelter that conceals them. In the shallows, woody debris such as branches, twigs, and small fallen tree limbs can provide many nooks and crannies for small fish. Where this material is absent, jumbles of large sticks and small boulders can also provide good shelter areas. Larger, older trout look for more substantial cover in the deeper areas of the stream. Undercut banks, log-jams, stumps, and boulders all offer hiding spaces for the larger fish.

Relatively shallow water can also be a holding location as long as the surface is riffled, which masks the presence of the fish. Weed beds composed of healthy aquatic plants provide additional cover for young and adult alike.

To add variety to the shelter equation, shelter can be species-specific to a certain degree. Brown trout and brook trout prefer areas with overhead cover and therefore select the margins and edges of the stream. Rainbow trout, however, are not as selective and often position themselves in mid-river if a suitable shelter or current break is available. Salmon parr prefer the cover of broken water surface (e.g. on riffles) and spaces under rocks in riffle areas.

There is an approach to assessing salmonid habitats presented in section 9 which provides additional information on the specific needs and when you need to undertake restoration.

6.3. FACTS ON FISH

The next section contains fact sheets on the following fish species found in Nova Scotia:

Atlantic Salmon
Brook Trout
Brown Trout
Rainbow Trout
Smallmouth Bass
Striped Bass
Alewife
American Eel
American Shad
Brown Bullhead
Rainbow Smelt
White Perch
Yellow Perch
White Sucker

Atlantic Salmon (*Salmo salar*)

One of the best-known members of the salmonid family is the Atlantic salmon which is also known as: grilse, grilt, fiddler; landlocked salmon, ouananiche and grayling (all for landlocked fish); black salmon, slink, kelt (all for post-spawning fish); smolt, parr, Kennebec salmon, and Sebago salmon.

Physical Characteristics

Salmon can vary in colour depending on the water they're in, their age, and sexual activity. In fact there are so many different physical looks in the life of a salmon that it can be confusing. What follows are some of the common colour characteristics:

Salmon in saltwater: blue, green or brown on the back and silvery on the sides and belly. On the upper body you can find several x-shaped black spots.

Salmon in freshwater: bronze-purple in colour and sometimes with reddish spots on the head and body.

Spawning males: these fish develop a hooked lower jaw (kype)

Salmon finished spawning (kelts): very dark in colour

Facts on Salmon

The name *salar* comes from the Latin "salio" which means to leap. The Atlantic salmon can make leaps 3.7 m (12 ft) high and 5 m (16.3 ft) long!

Atlantic salmon are mentioned in the Magna Carta.

In the wild about 1 in 10 young salmon survive to become smolts and in many rivers fewer than 1 in 25 of those will return to spawn.

Most grilse are male.

Biologists can "read" the scales of salmon to determine how old they are, how many years they spent in fresh water, how many years they spent at sea and at what ages they spawned.

Young salmon (parr) in freshwater: 8 to 11 dark bars on the side with a red spot between each one.

Young salmon leaving fresh water for the sea (smolts): silvery in colour and usually about 12 to 20 cm (5-8 in) long.

Atlantic salmon can be easily confused with both brown trout and rainbow trout. However there are several characteristics that can help you distinguish the different species. Rainbow trout have a rows of spots on the tail (caudal) fin that is not found in salmon and brown trout have a reddish colouring on the adipose fin (the small fin in front of the tail on top of the body). Some of the different characteristics can be observed on the following pages in the line drawings.

Salmon Sizes

Sea-run salmon - can be as big as 1.5 m (59 in) and 36 kg (79 lb) but most are 9 kg (20 lb) or less.

Biggest known fish ever caught in Canada: a 25.1 kg (55 lb) fish caught in the Grand Casapedia River, Quebec.

After two winters at sea: 2.7 to 6.8 kg (6-15 lb).

After one winter at sea (grilse): 1.4 to 2.7 kg (3-6 lb)

Landlocked Atlantic - 0.9 to 1.8 kg (2-4 lb). However a 16.1 kg (35.5 lb) specimen was taken in Sebago Lake, Maine over 50 years ago.

Distribution

Atlantic salmon are native to the North Atlantic Ocean and coastal rivers and can be found on both sides of the ocean including parts of Russia, Portugal, Iceland, and Greenland. In Canada and the U.S. they can be found from Northern Quebec and Labrador to the Connecticut River. Due to over fishing and the destruction of habitat, salmon no longer can be found in much of its original range and the numbers of fish have seriously declined. As an example, since the late 1800's, there has been no salmon in Lake Ontario. Landlocked populations of Atlantic salmon exist in some lakes of eastern North America, particularly in Newfoundland, Labrador and Quebec.

ADOPT-A- STREAM: WATERSHED, MARSH, LAKE, RIVER, ESTUARY

Natural History

Atlantic salmon spend part of their life feeding and growing during long migrations in the sea, and then return to reproduce in the fresh water stream where they hatched. This type of pattern, moving from the sea to freshwater, is described as being **anadromous**.

Atlantic salmon that are ready to spawn begin moving up rivers from spring through fall. These spawning runs are surprisingly consistent and occur at the same time each year for each river. Salmon populations are often spoken of as "early run" or "late run". Salmon travel long distances, as much as 500 km (312 mi) upstream and are known for their ability to leap small waterfalls and other obstacles. During this journey, the salmon does not eat, though it rises readily to an artificial fly. Landlocked salmon living in lakes move up into tributary streams to spawn.

Spawning occurs during October and November usually in gravel-bottom riffles at the head or tail of a pool. The female looks for places where the water is seeping down into clean gravel. Spawning occurs in the evening and at night. The female digs a nest (**redd**) 15-35 cm (6-14 in) deep in the gravel by turning on her side, flipping her tail upward and pulling the gravel up until a hole is excavated. She then usually moves upstream and repeats the whole process. After the female and male spawn in the redd the 5-7 mm eggs are buried with gravel by the female and the whole process is repeated several times until the female has shed all of her eggs. Females produce an average of 1500 eggs per kilogram of body weight (700 eggs/lb). After spawning the adults (now called kelts) usually drop downstream to rest in a pool. Contrary to some stories, adults do not die after spawning. Exhausted and thin, they often return to sea immediately before winter or remain in the stream until spring. Some will survive to spawn a second time but few survive to spawn 3 or more times.

Salmon eggs develop slowly (about 110 days) over the winter while water flowing through the nest keeps the eggs clean and oxygenated. In most of our rivers the eggs survive quite well and are protected from freezing or silt. The eggs hatch in the spring, usually April, and the young salmon (alvins) remain buried in the gravel for up to 5 weeks while they absorb the large yolk sac. It's at this stage that many young fish are lost. Over the winter silt and sand often move

Fishing Facts

The Atlantic salmon has been prized for centuries, both commercially and for sport. However, dam construction in rivers has blocked access to many spawning streams and siltation has destroyed many others.

In addition pollution, acid rain, over fishing and poaching have all contributed to a drastic decline in .Canada's Atlantic salmon stocks.

Today, except for small fisheries in Quebec and Labrador, .Canada's commercial fishery is closed. Recreational fisheries are very closely regulated, and "hook and release" angling is increasingly promoted.

Through salmon enhancement programs biologists and local community groups are working to restore the production potential of many salmon rivers.

into the nest and can trap the young fish. If they make it through this stage, the young salmon that emerge are about 2.5 cm (1 in) long in May or June.

During this freshwater stage before they migrate to sea they are known as parr. Salmon parr are territorial and feed during the day. They eat mainly water insects but will also eat other invertebrates when available. Young salmon usually live in shallow riffle areas 25 to 65 cm (10-26 in) deep that have gravel, rubble, rock, or boulder bottoms. Salmon parr may be eaten by many kinds of predators including trout, eels, other salmon, mergansers, kingfishers, mink and otter. During their first winter the parr stay under rocks on the bottom of the stream.

After two or three (but anywhere from 2 to 8) years in fresh water salmon parr turn into smolts and prepare for life in salt water. In the spring, these parr become slimmer and turn silvery. During the spring run-off, as water temperatures rise, smolts form schools and migrate downstream at night. It is during this downstream migration that smolts "learn" or become imprinted with the smell or other features of their particular river.

More Facts on Salmon

Salmon have been reared in hatcheries for decades to provide smolts for river stocking programs.

Today they are commercially farmed in large ocean pens, a rapidly growing industry in Atlantic Canada.

At sea salmon are known to travel long distances. Many salmon from Maritime rivers travel as far as the western coast of Greenland where the waters are rich in food. Here, salmon grow rapidly, feeding on crustaceans and other fishes such as smelt, alewives, herring, capelin, mackerel, and cod. Salmon will stay at sea for one or more years. The salmon will spend only one year at sea are smaller and called grilse when they return to freshwater to spawn. At sea, salmon are eaten by cod, pollack, swordfish, tunas and sharks but have been known to live to 11 years.

Brook trout (*Salvelinus fontinalis*)

This salmonid is also called speckled trout, brook charr, brookie, lake trout, square tail, sea-trout, Eastern brook trout, native trout, coaster, and breac.

Physical Characteristics

The brook trout is a handsome fish. Like salmon, their colour varies depending on the water they are in and their sexual activity. Here are some of the common characteristics:

Adult in freshwater: green to dark brown and black on the back and sides. Light-coloured wavy lines on upper back, dorsal fin and upper part of the caudal (tail) fin. Red spots surrounded by blue halos and many light spots are usually present on the sides. The belly is lighter, white to yellow in females, or reddish in males. The leading edges of the lower fins have a bright white border followed by a black border and reddish coloration.

Facts on Brook Trout

Larger brook trout that live in northern waters sometimes eat small mammals such as mice, shrews and voles.

A 61 cm (24 in.) sea-run trout that weighed 3.4 kg (7.5 lb) was caught in Halifax County Nova Scotia in 1871.

It can be seen today in the Nova Scotia Museum.

During spawning: colours intensify and males can become a deep orange-red on the belly.

Adult in saltwater: silvery on the sides and dark blue or green on the back. Pale red spots may be visible on the sides as well as the white leading edge on the fins. When returning from the sea these trout regain their freshwater colours.

Young brook trout or parr: 8 to 10 dark vertical bars (called parr marks) on the sides.

ADOPT-A- STREAM: WATERSHED, MARSH, LAKE, RIVER, ESTUARY

The largest "brookie" on record was taken in Ontario in 1915 weighing 14.5 lb (6.6 kg) and 34 in (86 cm) long. Brookies in Nova Scotia typically range from 15-35 cm (6-14 in) long.

Distribution

The brook trout is native to eastern North America from the Atlantic seaboard to Massachusetts, south along the Appalachian Mountains, west to Minnesota and north to Hudson Bay. It is found in a range of waters from tiny ponds to large rivers, lakes, and salt-water estuaries. Its popularity as a sport fish has resulted in brook trout introductions throughout the world. Widely distributed throughout the Maritimes, brook trout are our most sought-after freshwater fish.

Natural History

Brook trout prefer cool clear waters of 10 to 18°C with a lot of cover. Usually they live in spring-fed streams with many pools and riffles where they can use undercut banks, submerged objects such as large rocks and stumps, deep pools, and shelter from overhanging vegetation as hiding places. Brook trout are meat-eaters (carnivorous). They eat mostly water and land insects but will take anything they can swallow. Larger trout will eat leeches, small fish, mollusks, frogs, and salamanders.

Brook trout in Nova Scotia spawn in October and November in shallow, gravelly areas of streams where there is a clean bottom and good water flows. Spring-fed headwaters are ideal but they'll also spawn in the gravel-bottomed areas of lakes where spring waters occur. The female digs a nest (redd) 10-15 cm (4-6 in) deep in the gravel with her body. After the eggs have been laid and fertilized, they are covered and left to develop slowly over the winter. A 25 cm (10 in) female trout can produce about 500 three to five mm eggs. Water flowing through the redds keeps the eggs clean and oxygenated. Hatching occurs in the spring and the larvae (alvins) remain still and undisturbed in the gravel while they absorb the large yolk-sac.

Young trout (fry) emerge from the gravel at a length of 2.5-3.5 cm and begin feeding on aquatic

Fishing facts

The brook trout is the most popular sport fish in the Atlantic Provinces. It is taken with spinning tackle, live bait or flies.

Unfortunately many natural populations of brook trout in Nova Scotia have declined. They are vulnerable to over fishing and human practices that affect their habitat. For example, siltation can smother developing eggs, dams can block access to spawning areas, or the loss of trees along a stream bank can reduce shade and cause summer water temperatures to get too high.

Brook trout have been reared in hatcheries for over a hundred years. Hatchery trout are widely stocked in natural waters to supplement "wild" populations or to introduce the brook trout to new areas. Sometimes trout are stocked in small ponds or lakes near urban areas to provide "put and take" sport fisheries.

insects. They prefer shallow areas where the temperatures are 11-15°C and where rubble (rocks of 10-40 cm (4-16 in)) on the stream bottom provides cover. At the end of their first year, brook trout in Nova Scotia are 5-10 cm (2-4 in) long. Their growth depends very much on local conditions. Brook trout living in larger rivers and lakes would probably be 25 or 30 cm (10-12 in) at age 3, but those in small streams might only reach a length of 15 cm (6 in). Trout usually mature at three years old and rarely live past age 5.

Some populations of brook trout migrate to sea for short periods. They move downstream in the spring or early summer and remain in estuarine areas where there's lots of food. After about 2 months they return to freshwater. Brook trout probably migrate to sea in response to crowded conditions, low food supplies, or unfavourable temperatures in their home waters. Some overwinter in estuaries, and there are shore movements along our coast. Not all fish in a population migrate nor do they necessarily go every year. Sea-run brook trout live longer and grow larger than strictly freshwater trout. Brook trout predators include mergansers, herons, kingfishers, mink, owls, osprey, otter, perch, eels, and other trout.

Brown Trout (*Salmo trutta*)

The brown trout is also a salmonid and is known as German brown trout, German trout, Lochleven trout, European brown trout, or brownie.

Physical Characteristics

"Brownies" get their name from the brown or golden brown on their backs. Here are some of their other characteristics:

- their sides are silvery and bellies are white or yellowish • dark spots, sometimes encircled by a pale halo, are plentiful on the back and sides
- spotting also can be found on the head and the fins along the back
- rusty-red spots also occur on the sides
- the small top fin in front of the tail has a reddish hue
- sea-run brown trout have a more silvery coloration and the spotting is less visible.

Facts on Brown Trout

Apart from moving upstream to spawn, adults tend to stay at the same station in a river with very little movement to other areas of the stream areas. They can be found at these stations day after day, even year after year!

The closest relative of the brown trout is the Atlantic Salmon (*Salmo salar*). The brown trout's name (*Salmo trutta*) means salmon trout.

The largest brown trout ever taken was hooked recently in Arkansas, U.S weighing just over 40 pounds.

They closely resemble Atlantic salmon and rainbow trout but the salmon has no red coloration on the adipose fin and the rainbow trout has distinct lines of black spots on the tail. Young brown trout (parr) have 9-14 dark narrow parr marks along the sides and some red spotting along the lateral line.

Brown trout can grow to be quite large, especially sea-run fish. Brown trout weighing up to 31 kg (68 lb) have been recorded in Europe and a specimen weighing 13 kg (28.5 lb) was caught in Newfoundland. Typically they range from 2.3 to 3.2 kg (5-7 lb) but reach 5.9 kg (13 lb) in Guysborough Harbour.

Distribution

Brown trout naturally occur throughout Europe and western Asia. They range from Finland south to North Africa, west to Iceland and as far east as Afghanistan. Introduced throughout the world, they were first placed in Canadian waters in 1890. Today they are well established in rivers, lakes and coastal areas in much of North America and are found in all Canadian provinces except Manitoba, Prince Edward Island, and the Northwest Territories. Sea-run populations occur in Atlantic Canada and Quebec.

Brown trout are well established in several Nova Scotia watersheds. They are no longer being stocked in areas that they inhabit. Nova Scotia brown trout come from German and Lochleven (Scotland) ancestral stocks.

Natural History

Brown trout prefer cool clear rivers and lakes with temperatures of 12-19°C. They are wary and elusive fish that look for cover more than any other salmonid. In running waters they hide in undercut banks, instream debris, surface turbulence, rocks, deep pools and shelter from overhanging vegetation. Brown trout are meat-eaters (carnivorous). They eat insects from water and land, and take larger prey such as worms, crustaceans, mollusks, fish, salamanders, and frogs as their size increases.

Brown trout spawn in the fall and early winter (October to February) at the same time or later than brook trout. They return to the stream where they were born, choosing spawning sites that are spring-fed headwaters, the head of a riffle or the tail of a pool. Selected sites have good water flows through the gravel bottom. The female uses her body to excavate a nest (redd) in the gravel. She and the male may spawn there several times. A 2.3 kg (5 lb) female produces about 3400 golden coloured eggs that are 4-5 mm in diameter. Females cover their eggs with

Fishing Facts

Brown trout prefer very similar habitats to our native brook trout except that they can tolerate slightly higher temperatures. They often use the lower reaches of rivers and streams where it is unsuitable for brook trout.

Biologists thought the brown trout out-competed and displaced the native brook trout and stocking programs were discontinued.

Brown trout do live longer and grow larger than brook trout. They have become quite popular with anglers and are caught in estuaries with lures and streamer-type flies. There is no commercial fishery.

gravel after spawning and the adults return downstream. The eggs develop slowly over the winter, hatching in the spring. A good flow of clean well-oxygenated water is necessary for successful egg development.

After hatching the young fish (alvins) remain buried in the gravel and take nourishment from their large yolk-sacs. By the time the yolk-sac is absorbed, water temperatures have warmed to 7-12.C. The fish (now known as fry) emerge from the gravel and begin taking natural food.

Brown trout fry are aggressive and establish territories soon after they emerge. They are found in quiet pools or shallow, slow flowing waters where older trout are absent. They grow rapidly and can reach a size of 165 mm (6.5 in) in their first year.

Yearling brown trout move into cobble and riffle areas. Adults are found in still deeper waters and are most active at night. They are difficult to catch and are best fished at dusk. Brown trout living in streams grow to about 1.8 kg (4 lb) but lake residents and sea-run fish grow larger. Most mature in their third to fifth year and many are repeat spawners.

In sea-run populations, brown trout spend 2-3 years in freshwater then migrate downstream to spend 1 or 2 growing seasons in coastal waters near the river mouth. There they feed on small fishes and crustaceans. Most return to their home streams to spawn but some straying occurs. Brown trout live up to 14 years and can spend as long as 9 years in the sea.

Rainbow Trout (*Oncorhynchus mykiss*)

This member of the salmonid family is also called Steelhead, Kamloops trout, steelhead trout, silver trout, or coast rainbow trout.

Physical Characteristics

Like most other members of the salmonid family, the appearance of rainbow trout varies.

Adults in freshwater: colour varies from metallic blue to green or yellow-green to brown on the back becoming silvery on the sides and light on the belly. Many small black spots cover the head, back, sides and fins, and spots on the tail are in obvious rows. The adipose fin (small fin in front of the tail on the back) has a black border. Mature fish have a distinctive rosy stripe along the side that extends from the gill cover to the caudal fin.

Adults in saltwater: sea-run rainbow trout (steelheads) are more silvery in colour, may lack the rosy stripe, and show less spotting on the sides.

Young rainbow trout (parr): have 5-13 well-spaced dark parr marks on the sides and show less spotting on the body than adults.

Rainbow trout may look very similar to Atlantic salmon and brown trout, but can be distinguished by the regular rows of spots on the tail, the lack of any coloured spots and the absence of red in the adipose fin.

Rainbow trout can grow as big as 25.8 kg (57 lb) but in Nova Scotia usually grow up to 2.7 kg

Facts on Rainbow Trout

The largest rainbow trout was caught in Alaska in 1970 and weighed 19.10 kg (42 lb).

The rainbow trout is commonly used as a laboratory animal for water quality testing.

(6 lb).

Distribution

Rainbow trout are actually native to the eastern Pacific Ocean and fresh waters of western North America. They naturally ranged from Mexico to Alaska and inland to the Rockies. However, they have been widely introduced throughout the world, and now occur across central North America to the eastern coast. Rainbow trout were first introduced to Atlantic Canada in the late 1800's. Today they are stocked in rivers and lakes throughout Nova Scotia and are known to reproduce in the Bras d'Or Lake watershed.

Natural History

Different populations of rainbow trout may have very different life history patterns. Rainbow trout may live in lakes or ponds, they may be stream dwellers or they may spend part of their lives at sea before returning to freshwater (anadromous) to reproduce.

They prefer water temperatures of 12-18.C and do well in clear, cool, deep lakes or cool, clear, moderately-flowing streams with abundant cover and deep pools. They spawn in the spring (usually from March to May in Atlantic Canada) in small tributaries of rivers, or in inlets or outlets of lakes. Rainbow trout usually home to the streams where they hatched.

Fishing Facts

A popular sport fish, rainbow trout are fished with wet and dry flies, lures or natural bait.

The flesh is tasty and may be prepared many ways.

Rainbow trout have been reared in hatcheries for decades to support stocking programs. They are also reared commercially in ponds for food and for sport, and more recently in salt water pens.

Spawning occurs in shallow riffles with gravel bottoms. The female uses her body to dig a nest (redd) in the gravel. One or two males will spawn with her in the nest, after which she buries the fertilized eggs. She repeats this process until all her eggs are used. Most female rainbow trout produce about 1,000-4,000 eggs. The eggs are 3-5 mm in diameter and hatch in 4-7 weeks depending on the temperature. In another 3-7 days the young absorb the yolk sac and emerge from the gravel.

The young of lake-dwelling fish may move into the lake by the end of their first summer. Some stay in a tributary up to 3 years before entering the lake. Young rainbow trout seek cover and prefer slow- moving shallow stream areas where rubble, rocks, instream debris and undercut banks provide shelter. Older trout move into faster and deeper stream waters. Rainbow trout that migrate to sea (steelheads) spend from 1-4 years in freshwater before they transform into smolts to prepare for life in salt water. Rainbow trout smolts lose their parr markings and become silvery. They migrate to sea in spring and remain there for a few months to several years before they return to fresh water.

ADOPT-A- STREAM: WATERSHED, MARSH, LAKE, RIVER, ESTUARY

Rainbow trout take a wide variety of foods, but in freshwater they eat mainly insects, crustaceans, snails, leeches, and other fish if available. At sea they eat mainly fish, crustaceans, and squid. Rainbow trout growth varies widely depending on their habitat, diet and life history pattern. Generally fish that go to sea or live in large productive lakes, grow largest and live longer. Rainbow trout usually mature at ages 3 to 5 at sizes that range from 15-40 cm (6-16 in) long. Many will spawn repeatedly. Rainbow trout can live to 11 years.

Smallmouth bass (*Micropterus dolomieu*)

This fish, a member of the sunfish family is also called northern smallmouth bass, smallmouth black bass, black bass, and brown bass.

Physical Characteristics

The smallmouth bass has the following characteristics:

- A robust, slightly laterally compressed fish
- Its colour varies from brown, golden brown, olive to green on the back becoming lighter to golden on the sides and white on the belly
- It has 8-15 narrow, vertical bars on the sides and dark bars on the head that radiate backwards from the eyes
- Its head is relatively large, with a large red, orange, or brown eye
- Its lower jaw protrudes
- Its two dorsal fins are joined; the front one is spiny and the second one has 1 spine followed by soft rays
- Its pelvic fins sit forward on the body below the pectoral fins
- Three spines border the front of the anal fin and a single spine is found on each pelvic fin
- Young fish have more distinct vertical bars or rows of spots on their sides and the caudal or tail fin is orange at the base followed by black and then white

Facts about Smallmouth Bass

Some male smallmouth bass return to the same nest year after year; over 85% of them build their nest within 138 m (150 yd) of where they nested in earlier years.

The world record smallmouth bass was caught in Kentucky, U.S.A. in 1955 and weighed 5.4 kg (11.9 lb). It measured 68.6 cm (27 in) long and 54.9 cm (21.7 in) in girth.

They have been seen "sunning" in pools with water temperatures of 26.7° C.

Smallmouth bass can reach over 4 kg (9 lb) in parts of central Canada but usually don't exceed 1.1 kg (2.5 lb) in Nova Scotia.

Distribution

The smallmouth bass is a freshwater fish originally found in lakes and rivers of eastern and central North America. As a result of widespread introductions, it now ranges from southern Nova Scotia and New Brunswick, south to Georgia, west to Oklahoma, north to Minnesota, west to North Dakota and east from southern Manitoba to Quebec. It also occurs in a few areas of western North America and has been introduced in Europe, Asia, and Africa.

Natural History

Smallmouth bass prefer clear, quiet waters with gravel, rubble, or rocky bottoms. They live in mid-sized, gentle streams that have deep pools and abundant shade, or in fairly deep, clear lakes and reservoirs with rocky shoals. Smallmouth bass tend to seek cover and avoid the light. They hide in deep water, behind rocks and boulders, and around underwater debris and crevices. Smallmouth bass prefer temperatures of 21-27° C. As temperatures fall, they become less active and seek cover in dark, rocky areas. In the winter they cease feeding, remain inactive on the bottom, staying near warm springs when possible.

Spawning takes place from late May to July in shallow (usually 0.3-0.9 m (1-3 ft) deep) protected areas of lakes and rivers, when the water temperature is 16 to 18° C. The male prepares a nest on a sandy, gravel or rocky bottom by cleaning an area 0.3 to 1.8 m (1-6 ft) in diameter. He defends the nest from other males and attracts a series of females into the nest to spawn. After spawning the female leaves and the male remains to guard the nest and fan the eggs. Females usually produce from 5,000 to 14,000 eggs, depending on their size. The eggs are from 1.2-2.5 mm in diameter and stick to stones in the bottom of the nest.

The young are about 5.8 mm long when they hatch in 4-10 days depending on the temperature. Hatching success can vary a lot. Sudden changes in temperature or water level can cause the eggs to die from shock or cause the male to abandon the nest, leaving it open for predators. After hatching, the male remains with the young for another 3-4 weeks while they absorb the yolk sac and begin to leave the nest.

Young fish tend to stay in quiet, shallow areas with rocks and vegetation. They begin feeding on plankton (tiny organisms suspended in the water), and switch to larger prey like water insects, amphibians, crayfish, and other fish as they grow. (Crayfish are native to New Brunswick but are not found in Nova Scotia). Two-year old bass are about 12.7 cm (5 in) long.

Older bass prefer rocky, shallow areas of lakes and rivers and retreat to deeper water at high water temperatures. Most bass do not travel great distances and those in streams spend all season in the same pool. Smallmouth bass mature at ages 3-6 when they are about 17 to 28 cm (6.7-11 in) long. Males usually mature a year earlier than females. They are known to live 15 years.

Some smallmouth bass predators are yellow perch, sunfishes, catfishes, white suckers and turtles.

Fishing Facts

Smallmouth bass are a fish of great sporting quality that have been popular with anglers since the early 1800's.

This popularity led to widespread introductions and the culture of smallmouth bass. It was harvested commercially until the 1930's but over-fishing led to its restriction as a sport fish.

Smallmouth bass can be taken with wet or dry flies, by trolling or casting with live bait or lures, or still fishing with crayfish, minnows or frogs.

Striped Bass (*Morone saxatilis*)

Other common names for this fish include: striper bass, striped sea bass, and striper.

Physical Characteristics

Striped bass have the following characteristics:

- A long, laterally compressed fish
- Its colour is olive green to blue or black on the back; the sides are pale to silvery (sometimes with brassy reflections); its belly is white
- It has 7-8 dark horizontal stripes on the sides
- Both eyes and mouth are relatively large and the lower jaw protrudes
- The pelvic fins sit forward on the body below the pectoral fins
- The first dorsal fin (on the back) is spiny and the second has one spine followed by several soft rays
- A single spine lies at the front of each pelvic fin and three short spines precede the anal fin
- Young often lack stripes and have 6-10 dusky bars on the sides

Striped bass have been recorded as large as

Facts about Striped Bass

A striped bass weighing 28.6 kg (62.9 lb) was caught near Reversing Falls in the Saint John River, New Brunswick in 1979.

The world record (angling) striped bass weighed 35.6 kg (78 lb) was caught at Atlantic City, New Jersey in 1982.

A striped bass tagged and released in the Saint John River, New Brunswick was recaptured 36 days later in Rhode Island, U.S.A. 805 km (503 mi) away! (22.4km/day 14 mi/day)

After fertilization striped bass eggs swell to about three times their original diameter to a size of 3.6 mm.

Surveys show the average striped bass angler on the Annapolis River, Nova Scotia spends about 50 hours on each fish caught.

56.7 kg (124.7 lb) North Carolina, 1891). However most striped bass caught are 13.6 kg (30 lb) or less.

The short (less than half the fin length) anal fin spines and body stripes distinguish striped bass from white perch, the other member of the temperate bass family found in Maritime waters. The white perch lacks stripes and 2 of its anal spines are longer than half the fin length.

Distribution

The striped bass is a coastal species found in rivers, estuaries, and inshore waters of eastern North America from the St. Lawrence River and southern Gulf of St. Lawrence to northern Florida, as well as the northern coast of the Gulf of Mexico. It was introduced on the Pacific coast of North America over 100 years ago, where it now ranges from California to southern British Columbia. Striped bass have been introduced and become established in some landlocked lakes in the southern and central U.S.

Striped bass have been introduced to parts of Europe and Asia.

Natural History

Striped bass is a schooling fish, living in the sea and returning to fresh water to spawn (anadromous). It is most common in steady-flowing, turbid rivers that have low slopes and large estuaries. During their saltwater life many striped bass make long sea migrations. However not all fish migrate and some populations do not migrate at all. Some fish remain in the estuary of their home rivers.

Striped bass spawn in May and June after moving upriver the previous fall, usually at water temperatures of 14 to 22. C. The length of this journey can vary from a long journey inland to just above the head of tide. Striped bass sometimes spawn in brackish water.

Striped bass produce many eggs. In fact, more than three million have been recorded for a 22.7 kg (50 lb) female! About 100,000 eggs is more typical of bass in our rivers. Striped bass spawn near the water surface in water 0.3-6.1 m (1-20 ft) deep. The eggs have a large oil globule and

Fishing Facts

Historically valued both for food and for sport, stocks of striped bass have been declining since the 1970's. This is probably due to a combination of over fishing, habitat destruction, pollution and natural population cycles.

The striped bass is becoming a popular sport fish in Canadian waters and can be caught by casting, trolling, jigging, and fly fishing. They are fished in the surf or along shorelines and estuaries wherever schools of small food fishes are found and best fishing is often in the evening at high tide. Striped bass can be fished with live bait, lures (bucktails, Rapalas), plugs and poppers (skipping bugs). Bait success depends on the location and feeding habits of bass at the time but gaspereau, eels and worms are popular.

It is not fished commercially in Nova Scotia.

are semi-buoyant. Ideally the current that prevents them from getting silted over and smothered on the bottom carries them along. The eggs hatch in 2-3 days depending on the temperature (15-18.6°C).

Newly hatched fish are about 5 mm long. After absorbing yolk-sac, they feed on zooplankton (tiny invertebrates suspended in the water).

Striped bass are carnivores and take progressively larger prey as they grow. They eat a variety of invertebrates such as insect larvae, marine worms, and crustaceans as well as many kinds of schooling fishes, especially herring and gaspereau.

Adults feed most actively just after sunset and just before dawn and can be seen moving in with the tide, rolling and flashing as they feed on smaller fish. Canadian striped bass grow fairly rapidly and can be 14.5 cm (5.7 in) at age 1. They usually mature at age 3-6 years when they are about 34-53 cm (13.4-21.7 in) long. Males usually mature a year earlier than females, but do not live as long. Striped bass can live to 31 years.

Other fish such as Atlantic tomcod, Atlantic cod, silver hake and larger striped bass eat small striped bass. Adult striped bass have few predators except humans.

Young striped bass form schools and spend their first two or three years in the lower reaches of rivers and in estuaries, preferably where there is a sand and gravel bottom and some current.

After this period, many leave their home waters and make long sea migrations along the Atlantic coast. Striped bass populations from North Carolina to the Bay of Fundy are typically migratory and travel in large schools moving north in the summer and south in the winter.

They probably return to their home rivers when they reach sexual maturity and are ready to spawn, however mature fish do not necessarily return every year to spawn. In general, most migrating striped bass are female. Some of the large striped bass caught along the Maritime coasts probably originate from U.S. rivers.

Striped bass populations go through cycles. Every so many years the young-of-the-year offspring survive in particularly high numbers and become what is called a dominant year class in the population. Year class success is probably determined in the first two months of life and may be related to environmental conditions during this period.

Alewife (*Alosa pseudoharengus*)

Common names for the alewife are gaspereau, river herring, sawbelly, or kiack.

Physical Characteristics

The alewife is a member of the herring family. Here are some things to look for:

- A slender, laterally compressed fish coloured greyish-green on the back, and silvery on the sides and belly
- Gasperaux entering freshwater are often copper-tinged
- A single black spot is present on each side, just behind the head
- The eye is relatively large and has an obvious eyelid
- A row of scales, known as scutes, form a sharp edge along the mid-line of the belly which is how the alewife came to be called "sawbelly".

The alewife in Nova Scotia is usually 25-30 cm (10-12 in) long and weighs up to 340 gr (12 oz). There is no lateral line.

Another species known as the blueback herring is very difficult to distinguish from the alewife. They inhabit the same watersheds and have similar natural histories. Many reports of alewife

Facts on Alewife

Alewife eggs, or roe, are canned and sold as a delicacy.

Despite the many thousands of eggs laid by spawning alewife very few offspring actually survive. In some populations as few as three young-of-the-year fish migrate downstream for each female that spawned.

probably include the blueback herring as well.

Distribution

The alewife is found in rivers and lakes along the eastern coast of North America from Newfoundland to North Carolina and the adults live in coastal marine waters 56-110 m (180-350 ft) deep. Landlocked populations exist in several Ontario and New York lakes. Since the Welland Canal was built in 1824, the alewife has spread throughout the Great Lakes.

Fishing Facts

During the spawning runs commercial fishermen set large trap nets or enclosures called weirs in coastal rivers and estuaries to catch migrating alewives. Major Canadian fisheries are on the Shubenacadie, Miramichi, and Saint John Rivers.

The catch is used for fishmeal, lobster bait, pet food or it is smoked, canned, salted or pickled. Although tasty, alewives are not favoured locally for human consumption due to their large number of bones.

Natural History

In the Maritimes the alewife spends most of its life growing in salt water feeding mainly on zooplankton, tiny invertebrates, that live in the water column. Each spring from April to July large runs of adult alewives migrate up coastal rivers to spawn in freshwater lakes, ponds and streams (this movement from sea to freshwater makes the alewife an anadromous fish).

Alewives also spawn in brackish water. Like trout and salmon, alewives use their sense of smell to return to the streams and lakes where they hatched or near by watersheds. Female alewives usually begin spawning at age 4, repeat spawn each following year and may live to be 10. Male alewives often mature a year earlier than females. About 75% of alewives entering Nova Scotia rivers are repeat spawners. Alewives can move into coastal areas in late winter but will not migrate into fresh water until river temperatures begin to warm. Males enter the river first. Alewives only migrate into freshwater during daylight hours. However spawning occurs at night and can occur in standing, slow moving or fast mid-river water. A single female can lay as many as 200,000 eggs.

After spawning the adults begin the downstream migration to the sea within a few days.

Alewife eggs are about 1mm in diameter and are left to lie on the bottom or float with the current. Depending on the water temperature, the eggs hatch in about a week. After the yolk-sac is absorbed the tiny, larval fish stay near the spawning grounds preferring shallow, warm and sandy areas. They feed on tiny species of zooplankton. From August to October young-of-the-year, (sizes from 32-152 mm (1.25-6 in) migrate downstream in large groups or schools to live in estuaries and coastal areas. Adults over winter at sea in the George's Bank, Gulf of Maine or Nantucket Shoals and as far south as Florida. Alewives can live at least 10 years.

Alewives are eaten by many species of fish and birds including striped bass, salmonids, smallmouth bass, eels, perch, bluefish, weakfish, terns and gulls.

American Eel (*Anguilla rostrata*)**Physical Characteristics**

The American eel has a long snake-shaped body. It has no pelvic fins and the fins along the top of the body are continuous. The body is covered with mucus, which is where the expression "slippery as an eel" comes from. Their colour changes as they grow up and there are different names for eels at these different stages.

"Glass eels" are young eels approaching the shore at sea. Their bodies are transparent with a distinct black eye.

"Elvers" are eels that are just adapting to fresh water and are greyish-green in colour.

"Yellow eels" are adults in freshwater. Their colour varies from yellowish to greenish to olive-brown, being darker on the back and lighter on the belly.

"Silver, bronze, or black eels" are sexually mature eels which darken to a bronze-black hue on the back with silver underneath.

American eels can grow to a size of 1270 mm (50 in) and weigh up to 4.5 kg (10 lb).

Fishing Facts

Commercial fishermen harvest silver and yellow eels with many kinds of gear including weirs, traps, otter trawls, nets, handlines, eel pots and spears.

Eels are sold for human consumption and as bait for other fisheries. Many are shipped fresh or frozen to Europe where they are considered a delicacy and served smoked or jellied.

Elvers have been harvested for use in pond culture and grow-out operations. The American eel is caught by recreational fishermen.

Distribution

American eels are found in freshwater streams and rivers, brackish coastal waters and the Atlantic Ocean of eastern North America from southern Greenland and Labrador to the Gulf of Mexico and northern South America. It is the only member of the freshwater eel family found in North America and is wide spread in the Maritime Provinces.

Natural History

The American eel goes on long oceanic migrations to reproduce. Unlike fish such as Atlantic salmon and alewife that return to freshwater to spawn, eels are catadromous, which means they spend most of their lives in freshwater lakes and streams, returning to sea to spawn. No one has ever seen American eels spawn but it is believed to occur in the Sargasso Sea, east of the Bahamas.

Spawning occurs from February through April and hatching probably occurs within a few days. The tiny transparent eel larvae (known as leptocephali), only a few millimetres long, drift with ocean currents to the coastal areas of North America. They grow rapidly until the fall.

Once they are between 8-12 months old and about 55-65 mm (2.1- 2.6 in) long they transform into glass eels. At this stage, eels actively migrate toward freshwater. As they enter brackish and freshwater they begin to develop colour and are known as elvers. Elvers and glass eels reach the Maritime coasts in April and May. At first the elvers are active at night and rest near the bottom during the day. They may stay in estuaries for some time moving up and downstream with the tide as they physiologically prepare to live in fresh water. When elvers begin to migrate upstream they become active during the day and are thought to use the current and the odour of brook water to find their way. This upstream migration can take several years with distances as far as 1000 km (600 mi) involved.

Elvers eat aquatic insects, small crustaceans and fish parts. After a year in freshwater elvers are about 127 mm long (5 in). Following this stage, eels enter a growth phase lasting many years in which they are known as yellow eels. Some eels do not migrate upstream as elvers but

Facts about Eels

Eels do not become definitely male or female until they are 20-25 cm (8-10 in) long!

What sex an eel becomes is thought to be partly determined by environmental conditions such as crowding and food abundance.

In areas (southern U.S.) where food abundance and water temperatures favour rapid growth rates, a higher percentage of male eels are found. In cooler areas, such as Nova Scotia, where eels grow more slowly but reach an overall larger size, there tends to be more females. This is an advantage since larger females produce more eggs and can contribute more offspring.

Eels can absorb oxygen through their skin and can travel overland particularly in damp, rainy weather.

remain instead to live in estuaries. Yellow eels are most active at night and spend the day concealed in vegetation or burrowed in the bottom. Their diet includes insect larvae, fish, crabs, worms, clams, and frogs. They also feed on carrion and are able to tear pieces off food items too large to be swallowed whole.

In late summer and fall some adult American eels in eastern Canada begin their spawning migration to the Sargasso Sea. During this time they change to the "silver eel" stage and become sexually mature. Males can mature at age 3 but females mature later usually at ages 4-7. However eels can spend up to 40 years in fresh water. Female eels produce from 0.5 to 4.0 million eggs. It appears that all eels die after spawning. Adult eels are eaten by larger fish such as sharks, haddock, and swordfish and also by gulls and bald eagles.

American Shad (*Alosa sapidissima*)

Physical Characteristics

The American shad, like the alewife (gasperau), is a member of the herring family and has the following characteristics:

- Slender and silvery-coloured with a blue-green metallic hue on the back
- Has a black spot, similar to the alewife, located on the side, just behind the head - on the shad, this spot is followed by several smaller dark spots
- The eye has an obvious eyelid
- A row of scales known as scutes form a sharp "sawbelly" edge along the midline of the belly
- There is no lateral line

American shad can grow to 76 cm (30 in) and weigh 6.8 kg (15 lb). However, adults found in Canadian rivers are usually 45 to 50 cm (18-20 in) long and weigh from 1.4 to 2.7 kg (3-6 lb).

Distribution

Facts on Fishing

American shad were much more abundant in the past. During the 1800's a thriving fishery for shad existed along the Atlantic coast supporting an annual catch as high as 23,000 tons (50 million pounds). Today small commercial fisheries exist but numbers have greatly declined due to over-fishing and changes in our rivers. Dams often block access to vast areas of spawning habitat. Even where fishways provide access, many young shad may not survive the downstream migration.

Shad are fished commercially in rivers during the spawning runs. The eggs (roe) are most desirable so large numbers of mature females are taken. The flesh is sold fresh and salted. Shad are angled and considered a fine game fish.

American shad are anadromous (moving from the sea to freshwater) fish found along the Atlantic coast of North America from Newfoundland to Florida. Large spawning runs used to occur in the Shubenacadie and Annapolis rivers (also Saint John, Petitcodiac and Miramichi) but they are found in many Maritime coastal rivers. They have been introduced along the Pacific coast and now range from Alaska to California.

Natural History

The American shad lives for several years at sea before returning to spawn in the stream where it hatched. Shad avoid cold temperatures and prefer to stay in water 8°C or warmer. Water temperature and currents determine much of their migration and behaviour.

Each spring, schools of shad, using their sense of smell, begin to migrate up coastal rivers and tributaries when water temperatures reach 12°C.

Spawning in the Maritimes occurs during June and July in water temperatures of 13-20°C.

Migration stops in temperatures over

20°C. American shad do not usually travel as far upstream as the alewife. They spawn in rivers at night in mid-water in streams with a wide range of bottom types. The eggs are about 3 mm across and drift along with the current to hatch in 8-12 days depending on the temperature.

A female can produce anywhere from 60,000-600,000 eggs but shad in Canadian rivers usually produce about 130,000 eggs. Many shad in the Maritimes are repeat spawners, however shad in southern populations die after spawning.

Young shad spend their first summer in the river feeding on insects and crustaceans. They swim near the bottom in water as deep as 3.7 to 4.9 m (12-16 ft) but at night they are found near the surface. When they migrate to sea in the fall, they have grown to a size of 7.5 to 12.5 cm (3-5 in). They migrate to the sea as temperatures in the river drop.

At sea, shad live in schools and move according to the bottom temperatures, seeking areas that are 7-13°C. They stay near the bottom during the day, dispersing at night to all depths.

Immature and spawned-out adults remain offshore in areas like the Bay of Fundy until winter, when they move farther out to sea in order to stay in preferred water temperatures. At sea they eat zooplankton (tiny invertebrates that live in the water), small bottom crustaceans, and occasionally small fish. Most shad mature at age 4 or 5 when they are about 48-53 cm (19-21 in) long. Shad can live up to 13 years.

Although not a major food source for other animals, shad are eaten at sea by seals, sharks, blue-fin tuna, kingfish, and porpoises. Young shad in freshwater are eaten by bass, American eels, and birds.

Brown bullhead (*Ictalurus nebulosus*)**Physical Characteristics**

Nova Scotia's only member of the freshwater catfish family is easy to identify with its distinctive sets of whisker-like formations around the mouth. These are called barbels and the bullhead has four pairs.

The following can also identify the bullhead:

- A thick rounded body, heaviest toward the front
- A broad, large, somewhat flattened head
- Sharp, saw-toothed, spines at the base of the dorsal and pectoral fins. These spines can be "locked" in an erect position.
- The tail or caudal fin is square and there is an adipose fin (small fin on the back in front of the tail)
- Its colour is dark brown to olive green on the back ; its sides are sometimes mottled with dark

Facts about Bullheads

The spines at the base of the dorsal and pectoral fins can be "locked" into an erect position. This is thought to help protect the bullhead against predators, making it much harder to swallow.

Brown bullheads take many kinds of bait and can be easily caught by anglers. They are best fished with worms at dusk.

The flesh of the brown bullhead is very tasty. They are reared commercially in the southern U.S.

Brown bullheads are extremely resistant to pollution. In areas of heavy pollution they can be the only fish species present.

blotches and the belly is cream coloured

- There are no scales but the skin has many taste glands

In Nova Scotia it seldom grows more than 30 cm (1 ft) long and 0.5 kg (1 lb) in weight. Bullheads weighing as much as 2.7-3.6 kg (6-8 lb) have been caught in Ontario.

Distribution

The brown bullhead is found in the fresh waters of eastern and central North America, from the Maritime Provinces to Florida, and westward to southern Saskatchewan, Missouri, and Texas. It occurs across southern Canada from Saskatchewan to the Maritimes. The brown bullhead has been introduced to western North America and Europe.

In Atlantic Canada the brown bullhead exists only in New Brunswick and mainland Nova Scotia.

Natural History

Brown bullheads usually live on the bottom in the shallow, weedy, mud-bottomed areas of lakes or large slow-moving streams. They tolerate higher water temperatures and lower oxygen levels than many other fish species.

They feed on the bottom at night, using their barbels to search for food. They eat a variety of foods including insects, fish eggs, leeches, mollusks, crayfish, worms, algae, plants, and small fishes. Young bullheads feed mainly on insects and plankton (tiny organisms suspended in the water).

Bullheads spawn in the late spring when water temperatures approach 21°C. One or both parents excavate a shallow nest in a protected area of mud or sandy bottom. Spawning occurs in the daytime and several thousand cream coloured eggs are deposited in the nest. The parents care for the eggs by fanning them with their fins and physically stirring them up. After hatching, the young catfish are jet black and resemble tadpoles. They swim in a "school" and are protected by their parents for several weeks until they are about two inches long.

The brown bullhead usually matures at age 3 and lives for 6-8 years. The chain pickerel and other members of the pike and perch families eat them.

Rainbow smelt (*Osmerus mordax*)

Other common names are Atlantic rainbow smelt, smelt, American smelt, freshwater smelt, Atlantic smelt, leefish, and frost fish.

This fish is one of two members of the smelt family found in Atlantic Canada. The other member found here is capelin.

Physical Characteristics

The rainbow smelt is a small slender fish that grows to about 25 cm (10 in). It has the following characteristics:

- Olive-green on the back, becoming lighter on the sides
- Sides have a purple, pink and blue iridescence especially when freshly caught
- The belly is silvery
- Relatively large mouth with fang-like teeth and a protruding lower jaw
- The caudal (or tail) fin is deeply forked
- An adipose fin (small fin in front of the caudal fin on the top) is present
- The lateral line is incomplete
- Spawning males are covered on the head, body and fins with tiny bumps (nuptial tubercles)
- Smelt in freshwater are darker becoming almost black on the back

Facts about Smelt Freshly caught smelt smell very much like cucumber! No doubt this feature is responsible for the common name "smelt". This odour disappears after preservation or freezing.

Males smelt are more abundant on the spawning grounds than females. This is probably because they can spawn up to 8 consecutive nights but females may spawn only 3 or 4 nights.

Distribution

The rainbow smelt is found in rivers and coastal areas of eastern North America from Labrador to New Jersey and on the west coast from Vancouver Island around Alaska to the Arctic Ocean. Landlocked populations also occur in lakes and ponds throughout the Atlantic region. They have been introduced in the Great Lakes and have increased their range to other Ontario drainages through unauthorized introductions.

Natural History

The rainbow smelt is a schooling fish, which grows and matures in shallow coastal waters and migrates up freshwater streams to spawn (anadromous). Smelt move into estuaries in the fall and begin to move up the streams after the spring thaw.

Spawning occurs from February-June usually at water temperatures from 4-10°C. Smelt do not necessarily return to the stream of their birth to spawn, especially if there are other nearby streams. Smelt in landlocked lakes swim up tributary streams or in some cases spawn along the shoreline. Spawning occurs at night in fast moving water. Several males spawn with one female. The fertilized eggs become sticky and attach to the bottom, sometimes forming a thick layer. One female can produce as many as 93,000 eggs. After spawning the adults return to the estuary during the day but may return upstream to spawn again on subsequent nights. Some fish die after spawning. The rest leave freshwater after spawning to spend the summer in coastal waters.

Smelt eggs are about 1mm in diameter and take anywhere from 11-29 days to hatch, depending on the temperature. Smelt fry are 5 to 6 mm long when they hatch and drift downstream to brackish water. They use water depth for cover and feed near the surface at night. Young smelt feed on plankton (tiny organisms suspended in the water), and may grow to 5 cm (2in) by August.

Older fish eat larger invertebrates and other fish. Smelt grow most rapidly in their first year and can tolerate increasing amounts of saltwater, as they get older. They prefer temperatures of 6-14°C and stay close to shore, seeking cover in eelgrass beds or below the water.

Fishing Facts

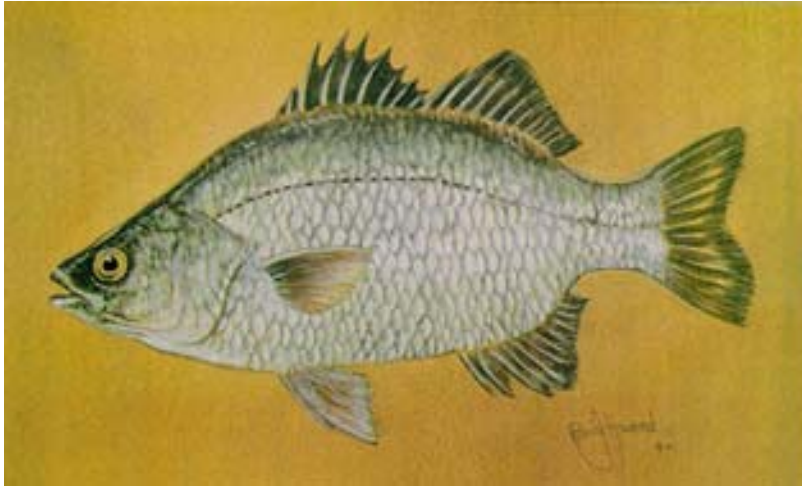
Smelt are fished commercially and for sport. Winter fishing for smelt is a popular sport. Anglers take them on lines through the ice, using worms as bait. In spring, anglers dipnet or seine them in the spawning tributaries.

Commercial fishermen catch them in box nets, bag nets, gillnets or by trawling.

The largest Maritime fishery occurs in the Miramichi estuary. Smelt are sold fresh or frozen and are very tasty.

Smelts in the Miramichi average 13.9 cm (5.3 in) at age 2, and 20.6 cm (8.1 in) by age 5, southern populations grow faster. Smelt in small landlocked lakes may only reach a length of 10.2 cm (4 in). Smelt usually mature at age 2 in the Maritimes and can live to age 17. Females live longer and grow larger than males.

Smelt are eaten by bluefish, striped bass, salmonids as well as birds, and harbour seals.

White Perch (*Morone americana*)

Oddly enough, the white perch is actually a member of the bass family and is not a true perch. Other common names for the white perch are silver perch, sea perch, silver bass, narrow-mouthed bass, and bass perch.

Physical Characteristics

The white perch has the following characteristics:

- A deep, thin body that slopes up steeply from the eye to the beginning of the dorsal fin
- Colours which can be olive, grey-green, silvery-grey, dark brown or black on the back becoming a lighter green on the sides and silvery-white on the belly
- The pelvic and anal fins (both on the belly) are sometimes rosy coloured
- Like all members of the bass family it has two dorsal fins on the back and the pelvic fins sit forward on the body below the pectoral fins
- The first dorsal fin has nine spines but the second one is soft rayed • there are three spines at the front of the anal fin, and a single spine precedes the second dorsal fin and each pelvic fin
- It has many small sharp teeth
- Its scales are relatively large and the lateral line is complete

Facts about White Perch

The oldest known white perch lived 17 years.

The world angling record for white perch is a 2.15 kg (4.7 lb) fish taken in Messalonskee Lake, Maine in 1949.

It can grow to 48.3cm (19 in) and 2.72 kg (6 lb).

It is very similar in shape to the striped bass, also found in our waters. The white perch has a deeper, less rounded body than the striped bass. The anal fin spines of the striped bass are less than one-half the fin length, but the second and third anal spines in the white perch are greater than this.

Distribution

White perch are found in fresh and brackish waters along the Atlantic coast from the southern Gulf of St. Lawrence to North Carolina and inland along the upper St. Lawrence River to the lower Great Lakes. It is present in all three Maritime Provinces.

Fishing Facts

The white perch has very tasty flesh and where it grows large enough can be a popular sport fish. They are caught on bait (worms, small minnows) lures, or streamer-type flies.

White perch are fished commercially in Chesapeake Bay, U.S. and the lower Great Lakes.

Natural History

White perch is a fish that can live in fresh or salt water and does best when summer water temperatures reach 24°C. In the Maritimes, it occurs mostly in freshwater lakes and ponds. Sea-run populations are found in some coastal rivers and estuaries.

Spring spawning takes place when water temperatures are 11-16°C, late May-late July in shallow water over many kinds of bottom. Males and females each spawn several times and the tiny 0.9 mm eggs become sticky after fertilization and attach to vegetation and bottom materials. White perch are quite prolific; a 25 cm (10 in) female can produce 247,700 eggs.

The length of time for hatching depends on the water temperature. When the water is cooler, hatching takes longer (4-4.5 days at 15°C versus about 30 hours at 20°C). Newly hatched white perch are 2.3 mm long and feed on plankton (tiny organisms in the water). They grow rapidly and can reach 65 mm (2.5 in) by late summer.

Growth rates of white perch vary among regions and populations. Few studies have been done on Maritime populations. Most perch in our waters are less than 15 cm (6 in). Larger pan-sized white perch that weigh 225 to 450 g (0.5-1 lb) are taken in some Nova Scotia lakes. Lake Ontario fish can reach 33.5 cm (13.2 in) and 780 g (1.72 lb). Even larger sizes have been reported in some U.S. waters.

White perch in lakes are known to feed both during the day and at night. Fresh and saltwater populations move to surface (or inshore) waters at night, retreating to deeper water during the

day. They perch eat mostly aquatic insect larvae when they are small. As they grow, many kinds of fish such as smelt, yellow perch, killifish, and other white perch are eaten. They usually mature at 3 years and live 5-7 years.

White perch are thought to compete with some game fishes for food. In some places a lack of harvesting, either by anglers or other species of fish, can lead to large populations of stunted, small white perch. Smallmouth bass, chain pickerel, and large trout will eat white perch.

Yellow perch (*Perca flavescens*)

This, the only true member of the perch family in Nova Scotia, is also called perch, lake perch, and American perch.

Physical Characteristics

The yellow perch has the following characteristics:

- Its colour is black-green, to olive, to golden brown on the back and extending down the sides in tapered bars
- The rest of the sides are yellowish becoming grey to white on the belly
- It has two dorsal fins (on the back), the first one has 13-15 sharp spines, the second has only one spine followed by soft rays
- The pelvic fins with one spine sit forward on the belly almost directly below the pectoral fins
- The pectoral fins are amber-coloured and transparent whereas the pelvics are yellow to white and opaque
- Eyes are yellow to green
- The scales feel rough to the touch
- The colour of a spawning male fish intensifies; its lower fins can become orange to bright red.
- Young yellow perch are first transparent, then silvery or pale green

Facts about Yellow Perch

Occasionally yellow perch are found with the unusual colouring of grey-blue or red and the absence of dark bars on the side.

The yellow perch has been called "a good bold-biting fish" "the most extravagantly handsome of fishes" "a ravager of all smaller fish" and "bait-stealing little devils".

Students studying the anatomy of bony fishes most often use the yellow perch.

The yellow perch can grow to 1.9 kg (4.2 lb) but in Nova Scotia it does not exceed 30 cm (12 in) and 450 g (1 lb).

Distribution

Yellow perch can be found in freshwater of North America from Nova Scotia south along the Atlantic coast to Florida, west from Pennsylvania to Missouri, northwest to Montana, north to Great Slave Lake, southwest to James Bay and east to New Brunswick and Nova Scotia. It has been introduced widely in the south and western U.S. and has spread to southern British Columbia. Yellow perch cannot be found in Prince Edward Island, Cape Breton Island or Newfoundland. It is occasionally found in brackish water along the Atlantic coast.

Facts about Yellow Perch

The yellow perch is fished both for sport and for food. Anglers can catch them in summer and winter with fish or worms as bait. Yellow perch have been fished commercially in Canada for over a hundred years and are sold both fresh and frozen. The flesh is white and tasty.

Yellow perch are sometimes infected with the broad tapeworm (*Diphyllbothrium latum*) that can be transmitted to humans if the flesh is improperly cooked.

Natural History

The yellow perch is a schooling, shallow water fish that can adapt to a wide variety of warm or cool habitats. They are found in large lakes, small ponds, or gentle rivers but is most abundant in clear, weedy lakes that have muck, sand, or gravel bottoms. They prefer summer temperatures of 21-24. C. Yellow perch feed on aquatic insects, crustaceans, and a variety of fishes and their eggs.

Spawning occurs from April through July, but usually during May in Nova Scotia, at water temperatures of 9-12.C. The adults move into shallow areas of lakes or up into tributary streams. Males are first to arrive and the last to leave. Yellow perch spawn at night or in early morning, most often in areas where there is debris or vegetation on the bottom.

The female perch sheds her eggs in a long jelly-like spiral or accordion-folded strand. Several males fertilize the eggs during spawning. The egg mass can be as much as 2.1 m (7 ft) long, 51-102 mm (2-4 in) wide and weigh 0.9 kg (2 lb)!

Females produce an average of 23,000 eggs but have been known to shed up to 109,000 eggs. The egg masses are semi-buoyant and attach to the vegetation or bottom material. They receive no parental care and can be cast ashore during storms or eaten by predators. Yellow perch eggs are 3.5 mm in diameter and hatch in 8-21 days, depending on the temperature. Newly hatched perch are about 5 mm long.

Young perch grow quickly and remain near the shore during their first summer, swimming in large schools that often include other species. Perch in Nova Scotia waters do not grow as large as those living in the warmer, larger, or more productive habitats of central Canada. In general northern populations grow more slowly but live longer, and females grow faster than males.

Adults move in schools farther offshore than the young. They move between deeper and shallow water in response to changing food supplies, seasons, and temperatures. Perch feed in the morning and evening, taking food in open water or off the bottom. At night they rest on the bottom. Yellow perch remain active and feed during the winter.

Yellow perch can outbreed and out-feed speckled trout or other fish in a lake. This can sometimes lead to an overpopulation of small, stunted fish (less than 15 cm (6 in)).

Other fish such as smallmouth bass, chain pickerel, and lake trout eats yellow perch. Birds like mergansers, loons, kingfishers and gulls also take them.

White Sucker (*Catostomus commersoni*)

This fish, the only member of the sucker family found in Nova Scotia, is also called the common sucker, common white sucker, eastern sucker, sucker, black sucker, mud sucker, mookie and muckie.

Physical Characteristics

The white sucker has the following characteristics:

- A torpedo-shaped fish distinguished by its sucker-like mouth located on the underside of its blunt, rounded snout
- Its mouth has thick lips covered with little fleshy bumps (papillae)
- Its colour varies from grey to coppery brown to almost black on the back and upper sides, becoming lighter on the lower sides to white on the belly
- During spawning, the darkness on the back intensifies and the body becomes more golden in colour
- Spawning males develop coarse bumps (nuptial tubercles) on the anal fin and lower tail (caudal) fin
- It has relatively large scales, one dorsal fin, no adipose fin and the lateral line is complete
- Young white suckers from 5 to 15 cm (2-6 in) in length usually have three large dark

Fishing Facts

The flesh of the white sucker is bony but can be very tasty, particularly when hot-smoked.

Young suckers are sold as bait but there is little other commercial interest in the species. Suckers should not be used as bait in lakes that do not already contain suckers.

White suckers are not a popular sport fish but they can be caught on wet flies, small spinners and small hooks baited with dough balls or worms.

spots on the sides

They can grow to 63 cm (25 in) and more than 3.2 kg (7 lb) but reach about 46 cm (18 in) in Nova Scotia.

Distribution

The white sucker is a North American species found in freshwater lakes and streams from Labrador south to Georgia, west to Colorado and north through Alberta and British Columbia to the Mackenzie River delta. In Canada, it is absent from Newfoundland, eastern Labrador, Prince Edward Island, south-western British Columbia and much of the far north.

Natural History

The white sucker can adapt to a wide range of environmental conditions but generally lives in the warm, shallow waters of lakes and quiet rivers. They prefer summer temperatures of 24°C. In streams they are most abundant in pool areas with ample underwater debris, streamside vegetation, and water depth to provide cover.

In lakes they are usually found in the upper 6.2-9.2 m (20-30 ft) of water, moving to shallows to feed. They are bottom feeders that browse the bottom, sucking in aquatic insects, small clams, and snails, and then spitting out the inedible sand and gravel. They feed mostly at dawn and dusk, and are active year round.

White suckers spawn in the spring (May and June), migrating upstream to spawning areas (small streams and tributaries) when water temperatures are 10-18°C. Suckers typically spawn in shallow gravel riffles where the water is up to 30 cm (1 ft) deep and where the speed is moderate. Lake populations of white suckers with limited access to streams will occasionally spawn on gravel shoals where there are waves. Although some spawning occurs in daytime, most takes place at sunrise and sunset. One female spawns with several males. Females usually produce 20,000-50,000 eggs, but can produce up to 139,000 eggs. Suckers do not build a nest, but scatter their eggs, which stick to the bottom, or drift downstream and attach elsewhere.

The eggs hatch in 8 to 11 days, depending on the temperature (10-15°C). The young remain in the gravel for 1 or 2 weeks and then migrate downstream at a size of 12 to 17 mm. Sometimes only 3% of white sucker eggs survive to this stage. Young suckers in lakes are found along shorelines with sand or gravel bottoms. In streams they prefer

Facts about Suckers

Spawning migrations of white suckers can be numerous and very dense - 500 have been known to swim upstream past a single point in 5 minutes.

Although examining the growth rings on their scales ages most fish, this method is not always reliable for suckers older than 5 years. They are best aged using sections of their pectoral fin rays.

sand and gravel shallow areas with moderate currents.

At first white suckers do not feed on the bottom. Their mouth is at the end of their snout, and they feed near the surface of the water on plankton (tiny organisms suspended in the water). When they grow to about 16-18 mm (0.6-0.7 in), their mouths shift to the underside of the head and they begin taking food from the bottom. White suckers grow most rapidly during their first year and can reach a length of 17.9 cm (7 in) by age 1. Growth rates vary considerably in different areas, but in all populations females grow more rapidly than males, reach larger sizes, and live longer. They usually mature at ages 5 to 8, and males mature a year earlier than females. Suckers can live up to 17 years.

Although there is evidence that suggests that the white sucker can compete for food with other sport fish, they can be a major food item in the diet of other fish such as Atlantic salmon, brook trout, pike and bass. Birds and mammals also eat them.